

LeaAnn Doering MS, LPCC, NCC

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About Me

I am a Licensed Professional Clinical Counselor (LPCC) and a National Certified Counselor (NCC). I have experience working with children, adolescents, adults, couples and families. I have worked with clients with mental health, chemical health and trauma backgrounds. I am approved through the MN Board of Behavioral Health and Therapy as a clinical supervisor for those seeking LPC/LPCC/LADC licensure. I am also trained in Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

Education

- Saint Cloud State University, Master of Science Degree (CACREP Accredited) (2013)
Community Counseling (3.89 GPA)
- Saint Cloud State University, Bachelor of Science Degree (2011)
Community Psychology Major Magna Cum Laude (3.61 GPA)
Child and Family Studies Minor with emphasis on Early Childhood Development

Professional Licenses

Licensed Professional Clinical Counselor (LPCC) License 01144 (January 1, 2016-December 31, 2025)
National Certified Counselor (NCC) License 318909 (July 2013-December 2028)

Clinical Work Experience

St. Cloud School District 742 Lead Mental Health Advocate and Family Support. October 2021-Current

Highlights:

- Work with students and family systems in collaboration with school staff to support mental health concerns
- Provide responsive, culturally competent mental health services to students
- Assist with service coordination, crisis intervention, targeted case management, advocacy and service linkage
- Participate in multidisciplinary team meetings to provide feedback related to student school success
- Maintain documentation and record keeping of services provided to students and families
- Support other Mental Health Advocates in learning a new role and navigating licensure/ethics/cases
- Member of the Medical/Critical Response Team to support students with mental, chemical and/or medical crises

Lutheran Social Service of Central MN Clinical Supervisor and Psychotherapist July 2019-October 2021

Highlights:

- Provide clinical consult and supervision to clinical trainees, mental health practitioners and multiple programs
- Conduct diagnostic assessments and provide psychotherapy to clients with mental and chemical health diagnoses
- Develop, implement and update individual treatment plans
- Conduct individual, group, couples and family psychotherapy sessions
- Consult for crisis situations
- Provide training to staff, programs and supervisees regarding trauma informed care, assessment and other topics

CentraCare Health Systems- Journey Home (Residential CD) Staff Psychotherapist April 2017-July 2019

Highlights:

- Conduct screening, intake, orientation and assessment of clients with dual diagnosis
- Develop, implement and update individual chemical dependency treatment plans
- Conduct individual, group and family counseling sessions
- Provide clinical consult
- Consult for crisis situations

Catholic Charities Intensive Outpatient Day Treatment Center Psychotherapist August 2014-April 2017

Highlights:

- Therapeutic individual, group, and family services to at risk families, children, and adolescents were provided daily
- Taught group and individual independent living skills, social skills, coping and calming skills, and other skills
- Conducted and completed diagnostic assessments, quarterly assessments and discharge reports
- Utilized the DSM-V for diagnosing mental health concerns and chemical health concerns
- Delivered psychoeducation to clients regarding mental and chemical health diagnoses
- Provided safe, nurturing, structured environment to foster growth
- Demonstrated continual collaboration on treatment plan and effective strategies for each individual client
- Maintained computerized clinical documentation for clients

Catholic Charities Intensive Outpatient Day Treatment Center Therapist/MHP Flex March 2013-August 2014

Highlights:

- Carried out clinical program in a safe, nurturing and structured environment
- Medication distribution
- Provided therapeutic individual, group, and family services to at risk families, children, and adolescents
- Taught group and individual independent living skills, social skills, coping and calming skills, and other skills

Catholic Charities Residential Facility (CD Unit) Youth Counselor II October 2012-March 2013

Highlights:

- Carried out individual treatment plans and the residential facility's clinical program
- Provided case management duties
- Monitored and directed the work of Youth Counselor I
- Provided group/individual guidance to adolescents with dual diagnosis in mental health and chemical dependency

Additional Supervisory/Work Experience

Wal-Mart Customer Service Manager May 2008- January 2013

- Supervise cashiers, service desk associates, money center associates, people greeters, and courtesy associates.
- Interview and train new associates.
- Responsible for organizing employee schedules and conducting annual evaluations.
- Execute monetary transactions including loans, change orders, register audits and daily register resets.
- Assist associates with upset customers and resolve associate issues while delivering quality customer service.

Dairy Queen Manager April 2004- August 2008

- Responsible for opening the store in the morning, setting up the equipment for the day, assigning employee duties and responsibilities, and closing the store in the evening.
- Responsible for cashing out registers, safe revenue handling, locking up the store, and ensuring building security.
- Assigned employee breaks and answered questions.
- Took and prepared customer food orders.

Internship Experience

Outpatient Day Treatment Center Counseling Intern August 2012-May 2013

Catholic Charities day treatment program for at-risk children. I provided therapeutic services including individual and group counseling, play therapy, creative arts therapy, and psychiatric consultation for mental health and chemical health. I also provided life services skills to students including appropriate risk taking, leisure and recreational skills, and coping skills. I held my own individual client caseload and ran an adolescent group weekly.

Big Brothers Big Sisters Case Management Intern January 2011-May 2011

Youth mentoring program. I interviewed youth and adults for the program and chose compatible matches. Assisted with youth and adult assessments and bi-monthly evaluations. Met monthly with youth and adults for match support and to ensure child safety and match satisfaction. Developed and created a recipe book to be sold at the organizations largest fundraising event of the year.